

# Talking with your doctor about ADLARITY® (donepezil transdermal system)

A once-weekly treatment for Alzheimer's dementia



Not actual sizes.

This guide can help you talk with your or your loved one's doctor about ADLARITY, a **once-weekly treatment** for the symptoms of dementia associated with Alzheimer's disease. It is important to always speak with the doctor about any concerns or questions you may have about Alzheimer's dementia or treatment.

First, think about the points below *before* your appointment. Write down anything you want to mention to the doctor. Then, use the next page *during* your appointment to help get the information you need.

• **Do I have concerns about my or my loved one's current treatment for Alzheimer's dementia?**

(Examples: side effects, difficulty taking it as prescribed, managing it with other medicines)

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• **What else should the doctor know?**

(Examples: symptom changes since last visit, lifestyle/living situation)

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• **What do I want to ask the doctor about ADLARITY?**

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## What is ADLARITY used for?

ADLARITY is used to treat mild, moderate, or severe dementia of the Alzheimer's type.

## IMPORTANT SAFETY INFORMATION

### Who should not take ADLARITY?

**Do not take ADLARITY if you:**

- Are allergic to donepezil, certain medications called piperidine derivatives, or any of the ingredients in ADLARITY
- Have a history of a skin reaction called allergic contact dermatitis to ADLARITY

Please see additional Important Safety Information throughout and click for [Full Prescribing Information](#) and [Patient Information](#).



# Is ADLARITY® an option for me?

Use this page to help you ask questions and take notes about ADLARITY during your appointment.

- **How can ADLARITY help manage Alzheimer’s dementia?**

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- **Transdermal systems are worn on the skin, and pills are taken by mouth, but how else are they different?**

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- **Can I switch to ADLARITY if I am already taking a pill? Which dose of ADLARITY would you start me on?**

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- **Where do I store ADLARITY at home?**

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- **More notes from my appointment**

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## IMPORTANT SAFETY INFORMATION (continued)

### What Warnings should I know about ADLARITY?

- Some people experienced skin reactions that include redness and itching at the application site when using ADLARITY. Stop using ADLARITY and call your healthcare provider if you experience skin reactions that do not improve within 48 hours after the transdermal system is removed. Skin reactions include increased redness or swelling, peeling or blistering of the skin, or spreading beyond the application site.

Please see additional Important Safety Information throughout and click for [Full Prescribing Information](#) and [Patient Information](#).



# What should I know about ADLARITY®?

When you're considering a treatment option for Alzheimer's dementia, it helps to know how it works and how it's used.

There are a number of resources on ADLARITY.com that can help you learn about and use ADLARITY, but here are a couple of things you'll want to make sure you know before your doctor appointment.



**The active medicine in ADLARITY is donepezil (duh-NEP-e-zil), which has been shown in clinical trials to treat symptoms of dementia associated with Alzheimer's disease.**

**There is no cure for Alzheimer's disease. ADLARITY does not prevent or slow the disease process.**



[Learn more about how ADLARITY works.](#)



**ADLARITY is applied once a week and worn continuously for 7 days.**

- Use the ADLARITY transdermal system exactly as your doctor tells you to
- Wear only 1 transdermal system at a time
- Each ADLARITY transdermal system should be replaced after 7 days. Choose a convenient time on a specific day of the week that works best for the regular application of the ADLARITY transdermal system
- Do not apply a new transdermal system to the same skin area for at least 2 weeks (14 days) after removal to decrease the chance of skin irritation



[Watch a video of ADLARITY being applied at ADLARITY.com.](#)

## IMPORTANT SAFETY INFORMATION (continued)

### What Warnings should I know about ADLARITY? (continued)

- The class of medicine that includes ADLARITY may cause slow heartbeat and fainting. Call your doctor right away if you feel faint or lightheaded while using ADLARITY.
- Donepezil, the active ingredient in ADLARITY, may cause diarrhea, nausea, and vomiting. In most cases these effects have been transient, although some cases lasted 1 to 3 weeks.

Please see additional Important Safety Information throughout and click for [Full Prescribing Information](#) and [Patient Information](#).

**Adlarity**<sup>®</sup>  
(donepezil transdermal system)

## IMPORTANT SAFETY INFORMATION (continued)

### What Warnings should I know about ADLARITY? (continued)

- The class of medicine that includes ADLARITY may cause more stomach acid. This increases the chance of ulcers and bleeding. The risk is higher for people who have had ulcers or take NSAIDs. Call your healthcare provider right away if you have heartburn or stomach pain that is new or does not go away, blood in your vomit, dark vomit that looks like coffee grounds, or bowel movements or stools that look like black tar.
- Although not observed in clinical trials of ADLARITY, problems passing urine may occur.
- The class of medicine that includes ADLARITY are believed to have some potential to cause seizures. However, seizures may also be caused by Alzheimer's disease.
- The class of medicine that includes ADLARITY may cause worsening of lung problems in people with asthma or other lung disease.

### What should I tell my health care provider?

#### Tell your doctor about all of your present or past health conditions, including:

- Any heart problems, including problems with irregular, slow, or fast heartbeats
- Stomach ulcers
- Problems passing urine
- Seizures
- Asthma or lung problems
- Pregnant or plan to become pregnant. It is not known if ADLARITY can harm an unborn baby
- Breast-feeding. It is not known if donepezil passes into breast milk
- A previous skin reaction to the ADLARITY patch

**Tell your doctor about all the medicines you take**, including prescription and non-prescription medicines, vitamins, and herbal products. ADLARITY and other medicines may affect each other when used at the same time. Especially tell your healthcare provider if you take medicines called nonsteroidal anti-inflammatory drugs (NSAIDs).

**Tell your healthcare provider or dentist** that you use the ADLARITY transdermal system before you have surgery, medical procedures, or dental surgery or procedures.

### What are the side effects of ADLARITY?

The most common side effects of ADLARITY (>3%) were headache (15%), application site itching (9%), muscle spasms (9%), sleeplessness (7%), abdominal pain (5%), application site skin irritation (6%), constipation (5%), diarrhea (4%), application site pain (4%), dizziness (4%), abnormal dreams (4%), and skin tearing (4%).

**You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/MedWatch](http://www.fda.gov/MedWatch) or call 1-800-FDA-1088.**

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